

ST KIERAN'S FORTNIGHTLY

Dear Parent

Welcome to our fortnightly newsletter. The year is progressing rapidly and the children are working hard. We thank you for your continued support. Through partnership and working together we will improve the education of your child.

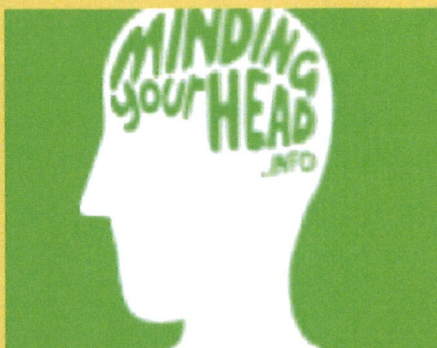
Mr Fusco

CHILDREN'S MENTAL HEALTH WEEK - 7 TO 11 FEBRUARY 2022

WE HAD A VERY SUCCESSFUL 'CHILDREN'S MENTAL HEALTH WEEK' BEFORE THE MID-TERM BREAK. EACH CLASS TOOK PART IN A RANGE OF ACTIVITIES THROUGHOUT THE WEEK. THE CHILDREN ENJOYED THE ACTIVITIES AND HOPEFULLY THEY LEARNED THE IMPORTANCE OF HAVING A POSITIVE MINDSET. CHECK OUT A VIDEO OF THE WEEK'S ACTIVITIES ON OUR SCHOOL WEBSITE.



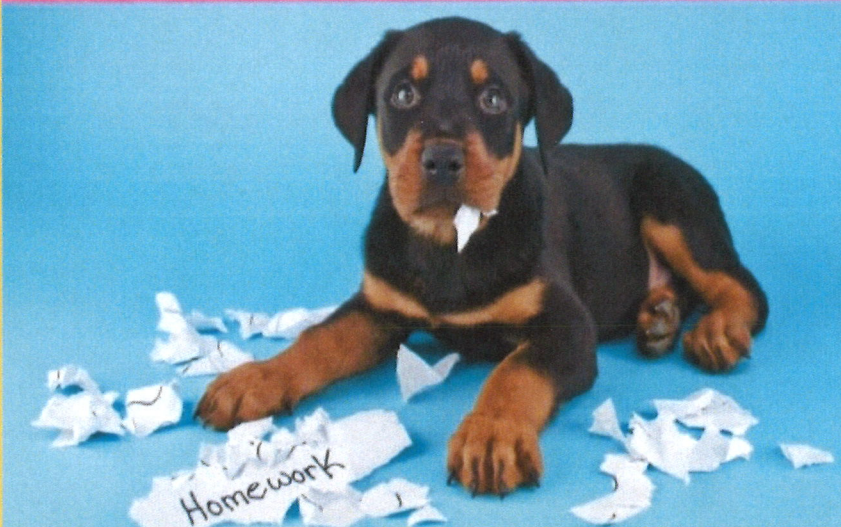
WHY NOT VISIT THE 'EATTHEMTODEFEATTHEM.COM' WEBSITE WITH YOUR CHILD TO LEARN LOTS ABOUT THE 'POWER OF VEG'!!! THERE ARE SOME GREAT GAMES AND ACTIVITIES TO COMPLETE.



AS ADULTS IT IS IMPORTANT TO TAKE SOME TIME OUT FOR OURSELVES. THE WEBSITE 'MINDING YOUR HEAD.INFO' HAS SOME GREAT ADVICE.

Do we have your up-to-date phone number? If you are not sure, please contact the school office.

HOMEWORK HELP FOR ALL



HOMEWORK IS IMPORTANT! TWO tips on how you can help

1. Make sure there are no distractions such as mobile phones, games, TV etc.
2. You can help your child, but they need to work as independently as possible. It's their homework, not yours!!!

CHILDREN'S MENTAL HEALTH WEEK FEB. 2022!

